

## SPARK 006

(Matrix Code: **SPARK006.00** for [StartOver.xyz](http://StartOver.xyz) game.)

**DISTINCTION:** There is no such thing as a problem.

**NOTES:** When you are in a “problem” situation, your Box leads you to think that you are actually “in” the situation instead of realizing that without you, there would be no situation. What you are actually in is a certain set of circumstances. That is all. The problematic nature of the situation is a story of your own creation.

If you are in a situation, problem or otherwise, you are always right-now creating that situation, and furthermore, you are creating it so that you experience the situation as if you are “in” the situation.

From the Possibility Manager view, it is clear that out of one set of circumstances, any number of situations can be made. You have the editorial power to make whatever you want out of whatever is happening. The type of situation you make out of your present circumstances depends on the particular purpose of your internal propaganda department. You fulfill your chosen purpose by creating specific stories about the circumstances. In this way you can make a wonderful or a terrible situation out of anything. This is interesting news because it implies that if you ever find yourself in any kind of a situation, problematic or wonderful, it is a situation of your own making. You are responsible for the stories that you create about every situation.

The moment that you realize you are right-now creating the situation as it is, you have discovered the secret ingredient necessary for recreating the situation right-now any way that you want it. This also means that whatever way you are right-now creating it must be the way that you want it, because why else would you create it this way?

### EXPERIMENTS:

**SPARK006.01** In the moment when you recognize that you are “hooked” into experiencing what is happening around you as if it is a problem, ask yourself: “What is the purpose of creating a problem for myself like this?” Your first answer might be something like, “My purpose for seeing this as a problem is so that I get distracted and do not succeed at what I am trying to do.” As insightful as your first answer might be, do not stop at the first answer that comes into your mind. Continue your inquiry by asking, “And what is the purpose of that?” until you have uncovered five or ten more layers of answers. Write your answers down.

Then, for no reason, without evidence, make the radical assumption that you are not stupid. From the viewpoint of your new intelligence you must conclude that choosing to experience the present circumstances as if they are a “problem” is an intelligent investment of your time and energy. The problematical view of your circumstances must provide you with some immediate benefit. Your experiment is to skip being distracted by the problematical nature of the circumstances and instead make

immediate use of the benefits by engaging the challenge as a custom designed program for your next step in personal development. As you work with transforming the conditions from problem to opportunity, let the conditions simultaneously transform you. For extra credit you can consider this question: If you *really* wanted to be happy, who could stop you?

One man worked for several years in the Human Resources department of a large corporation under circumstances that “became” more and more of a problem for him. Every day he would come to work and get angry about the conditions there, angry with his boss, angry that things never changed. He got so angry that he finally quit the company and started his own business. While developing training programs he encountered a new use for his frustration and anger. The anger, he realized, was a kind of energy. In fact, it was the exact type of energy needed to make changes and to cause things to happen in organizations. In a short while he rejoined his old company in the same position that he had quit. Nothing had changed about the circumstances. The only thing that changed was his perspective about his anger. The anger was actually an appropriate response to the circumstances and provided the exact clarity and energy needed to make changes. He began applying his “new found” energy in specific and practical ways to make very creative and beneficial modifications inside of his old company. Taking such actions reflects an expansion of responsibility. His superiors recognized his changed nature and he was quickly promoted. He now manages the whole department, reinventing the company from the inside out and enjoying himself immensely.