

## SPARK 019

(Matrix Code: **SPARK019.00** for [StartOver.xyz](http://StartOver.xyz) game.)

**DISTINCTION:** Distinctions create clarity. Clarity creates possibility.

**NOTES:** This is a double distinction known as the Distinction of Distinctions. To unfold its usefulness, let us begin by defining the terms **DISTINCTION**, **CLARITY**, and **POSSIBILITY**.

**DISTINCTION:** Although distinctions can be formulated in words and considered in the mind, they are held in the body. You could go so far as to say that who you are is the distinctions that you sustain in your tissues, cells and nervous system. A distinction is only sustained in the body if there is corresponding internal matrix to hold it. Matrix is not made in the intellect because to understand a distinction intellectually does not transfer to being able to apply that distinction to your life. In fact, locking a distinction into the intellect can actually serve to block the process of *getting a distinction*. The experience of *getting a distinction* is the process whereby the distinction enters your body and reorders the structure of your Box. You can feel it as the pieces of your Box disassemble, move around, and reassemble themselves into a new form, more complex, more sophisticated, more precise, more spacious, more elegant, and more evolved. This is the mechanics of how real change takes place. While changing between one solid state and another solid state you will at least for a short time go through a liquid state during which time the components of your Box become mobile with respect to each other. As a Possibility Manager you learn to recognize and even enjoy the liquid state. Occasionally Possibility Managers can be overheard mumbling to themselves: "Ah, the liquid state again! My Box must be reordering!" Distinctions can be defined as that which causes the Box to reorder.

**CLARITY:** Clarity is what remains when you stop being confused. The unspoken advantage of confusion is that it provides the illusion that you can avoid responsibility. The realization here is that responsibility cannot be avoided. Distinctions destroy confusion and create clarity. The more confusion you are willing to sacrifice, the more clarity you represent. This is called disillusionment. Clarity is a responsible Bright Principle, a force of nature that you can serve. When you responsibly represent clarity you automatically gain the immediate knowledge of what to do to facilitate what is needed and wanted in the moment. This is called possibility.

**POSSIBILITY:** Possibility is the number of real options that you have available to choose from. If you have more options you have more possibility. More possibility gives you a greater capacity to relate, to do, to make, to choose, to ask, to act, to declare, to shift, to see, and so on. If you ever find yourself in a situation where you do not have possibility, it may be because you do not have clarity. If you do not have clarity, it may be because you have not made certain distinctions. Distinctions create clarity. Clarity creates possibility. Resting in the direct tangible experience of having an abundance of possibility often creates an irrepressible joy.

## EXPERIMENTS:

**SPARK019.01** Choose a particular situation in your daily life where you do not have what you would consider to be enough possibility. This may be anything from the possibility to change a habit, the possibility to bring an issue to a superior for consideration, the possibility to make quick clear decisions, the possibility to earn money, the possibility to make the best use of time, the possibility to communicate, the possibility to avoid low dramas, the possibility to keep commitments, the possibility to have your life be about what matters most to you, the possibility to be authentic, vulnerable and open, the possibility to be present and to connect with other people in various levels of intimacy, etc. Choose an area of your life that lies clouded in confusion.

After choosing the situation that you wish to shift, take a piece of paper and write out a number of answers to the following two questions: What is really going on here? What in me prevents this situation from reaching its highest potential? Do not stop after five or ten answers. Keep going. Dare to ask the next question. Write nonlinear answers. Write from the space of not knowing the answers before you write them. Let the questions sit with you while you have a meal, take a drive, do some work, or sleep a night. Then read over what you already wrote and write a few more answers. Next, call a special meeting of your Possibility Team, a few friends who know you and care about you. Present them with the situation and your writings. Ask them to create possibility for you by identifying the distinctions that you are not making. Write down these new distinctions and let them affect you. Let the distinctions create clarity and the clarity create possibility. Go through the liquid state. Then start over and use the possibility to create different results for yourself out of the same circumstances.