

SPARK 044

(Matrix Code: **SPARK044.00** for StartOver.xyz game.)

DISTINCTION: Ninety-nine percent of the possibilities available to you right now are invisible to you.

NOTES: The most frustrating and the most promising revelation is encoded in the same statement: that you are literally soaking in an endless bath of alternative possibilities. This is neither a metaphor nor a fantasy. It is as real as everything you find around you in your life right now. The universe is infinitely rich in possibilities.

Here is the frustrating thing. If you do not have possibility, if you feel stuck, it is not because the possibilities are not there. The possibilities are patiently waiting there for you in great abundance, exactly where they always are just before you see them.

What stands between you and seeing new possibilities? It is your Box, made out of assumptions, projections, beliefs, preferences, opinions, conclusions, judgments, and so on, all artistically woven together and dedicated to preventing you from perceiving or expressing anything that does not keep the world the same for you.

The only person's Box you cannot see is your own. The only person's possibility you cannot see is your own. Just because you cannot see possibility does not mean possibility is not there. Just because you cannot see possibility does not mean you cannot access possibility. Here is the good news. The situation of wanting possibility but not seeing possibility can be instantly unlocked through nonlinear actions.

Instead of trying to get possibility yourself, dedicate yourself to creating possibility for others. Invite them to do the same for you.

EXPERIMENTS:

This experiment is for serious Possibility Managers. It creates possibility for you by you first creating possibility for others. To do the experiment choose something that leans on you rather heavily every day that you do not see any possibility around but that you would sincerely like to change.

There are two clarity-making requirements before you begin the experiment:

1. Admit one thing that you really want to accomplish. (e.g. being more open and communicative, being more inspired about your life, being connected with more energy, being less stressed out, having more intimacy, and so on) Write it down in clear simple terms.
2. Commit to accomplishing that thing no matter what.

Then follow these three steps:

SPARK044.01 STEP ONE: Ask two or three other people to help you for two hours. It is better if these are people whom you would not normally consider to be your friends. Invite people both above and below you in status. This will be your Possibility Team. These people are already there around you. They have been waiting for you

to give them the opportunity to serve you. They want you to succeed. You are giving them the chance to be possibility makers. This is rewarding and exciting for them.

SPARK044.02 STEP TWO: When you get together, read to your Possibility Team what you really want to accomplish, written down in requirement one above. Ask them to create possibility for you about this. Tell them that you grant them permission to speak in total honesty. Anything goes. Even give them permission to make clarifications on your statement about what you want to accomplish. In the end ask for clear practical action steps. Write down everything that they say. Note: do not write down what you understand about what they say. Your Box will not let you understand anything about what they say that you do not already understand. This is one way your Box prevents you from learning anything new. Instead be ferocious about writing down *exactly* word for word what they say, *especially* if you do not understand it. Reread their instructions often.

SPARK044.03 STEP THREE: Do what they say. Submit yourself to their recommendations. Their recommendations may seem completely insane to your Box. Keep in mind that it is your Box that blocks you from seeing alternative possibilities in the first place, so of course their recommendations might at first appear nonsensical. As long as they are not suggesting that you break the law or harm anyone, just do what they say. Your wild abandon of taking actions typically forbidden by your Box will reorder your Box. Your reordered Box will then continue to produce unusual results for you. The reordering of your Box will typically involve one of two things:

- Either it will take something extra away from your Box that is an unnecessary obstacle.
- Or it will bring in and add something to your Box that is necessary but has been missing and disabling.

Although it may be uncomfortable, let yourself go through the process of implementing your Possibility Team's action steps for you, realizing that the end result will be a new experience of what is possible. After seeing how this possibility making business goes, the others on your Possibility Team may well ask to have the team meet to create possibility for them also. Possibility Team could become your weekly workout for expanding your Box.