

SPARK 054

(Matrix Code: **SPARK054.00** for StartOver.xyz game.)

DISTINCTION: People are primates.

NOTES: Now and then we might temporarily entertain the thought that we personally could be, in some way, related to the animal kingdom. We might for a brief moment recognize in ourselves a behavior pattern or a physical trait that we have in common with chimpanzees or gorillas.

Our mechanisms of self-deception are at times quite laughable. Because the truth is that human beings are not like primates. No. Human beings are primates. Period.

If you are willing to let this realization percolate through the intricacies of your Box then many other aspects of human life, which before now may have given you some worry, can suddenly make a new kind of sense.

One example is herd behavior. Herd behavior runs deeper in your cells than any thought or decision. You are after all, a mammal, related to sheep and lemmings. Before your genetic structure differentiated itself from other biological machines, you ran on all fours and protected yourself by huddling together in a herd. Blindly following the majority has survival value because those who can be singled out are more easily killed. Hankering after independence can quickly turn you into some predator's lunch.

With so much organic pressure to simply agree with the herd, it is remarkable that any of us at all would dare to take responsibility and think on our own. Yet Possibility Management does not function unless you take total responsibility for your thoughts, words and actions, irrevocably and for no reason. To take such responsibility you must courageously contradict tendencies that have been natural to your organism for millions of years, and which still function in you unconsciously with a vengeance.

Another aspect of the revelation that people are primates is sex. For millennia humans have analyzed, eulogized, dissected, romanticized, psychologized, glorified, demeaned, and exploited sex. (Sexual innuendo in advertising is rampant. Why? Because it works! Your attention is instantly stolen by your animal attraction to provocative sexual invitations before your mind can protect you from the manipulative images. Doesn't that just piss you off?) But to your mind, sex still remains an enigmatic mystery, as uncontrollable as the weather.

You cannot necessarily make sex happen when your mind wants it, and you cannot necessarily avoid sex when your mind does not want it. You will never figure out sex. That is because sex is not a mind thing. Sex is a body thing. Your body is animal. Animals have sex. Your genes require sexual intercourse to reproduce themselves. Your body is a sensitive saltwater computer, easily imbalanced by subtle energies, the moon's gravity, the time of the month, electromagnetic radiations, pollutants, scents, sounds, lumpy shapes, smooth textures, and strategically generated pheromones. You are completely crazy about sex because you mix the mind and the

body. All of civilization is the mind's attempt to disguise the fact that people are just primates. We are animals trying to conceal the naked truth by wearing clothes.

EXPERIMENTS:

SPARK054.01 PEOPLE ARE PRIMATES. Go to the zoo. Sit silently in front of the monkeys. Meditate on them carefully for two hours and observe their interactions in detail. Try to discern their motivations. Then go to the shopping mall and observe human beings with the same kind of detachment. Do not forget what you learn.

SPARK054.02 HERD BEHAVIOR. Focus this week on how often you make gestures that are clearly motivated to avoid responsibility with the unconscious assumption that someone else in the herd will handle the condition. Avoiding responsibility could be as simple as seeing a piece of litter on the sidewalk and not picking it up because you know that the street sweepers will get it. Or avoiding responsibility could be as complex as not showing up in spaces as big as you really are, with your full potential thriving through being your destiny in action, because then you would stand out from the crowd and you fear the danger of being conspicuous.

SPARK054.03 SEX. If you are having sex, do not think.