

SPARK 075

(Matrix Code: **SPARK075.00** for StartOver.xyz game.)

DISTINCTION: You have a right to your true ambitions.

NOTES: You have true ambitions and you have false ambitions. A more accurate way to say this is that you have authentic ambitions that come from the center of your being and have been with you always. You also have circumstantial ambitions that come from outside of you more recently. Authentic ambitions originate internally and are sourced by the core of your being. Inauthentic ambitions originate externally and are sourced by conditions in your environment.

Making your life into “your life” depends on you being able to distinguish between which kind of ambition you are serving, authentic or inauthentic. Inauthentic ambitions come from others, from your culture, from the past, or from the future. Inauthentic ambitions could include some or all of the following: the extent and style of your education, the description and pay level of your job, what sort of house you live in, what religion or spiritual path you take (for example, the most influential factor in determining what religion a person chooses is the religion of their parents, an outside factor), what you want your relationship and family to look like, what political party you affiliate yourself with, what you do with your spare time, the kinds of skills you practice, and how much joy you permit yourself to have.

Fulfilling inauthentic ambitions is neither bad nor wrong. But here is the vicious circle: fulfilling inauthentic ambitions provides no satisfaction. To numb yourself from feeling dissatisfied you try to fulfill even more inauthentic ambitions.

You are trained and prepared by your culture and times to fulfill your inauthentic ambitions, because your inauthentic ambitions preserve the present culture and times. The conforming force of culture over your actions is huge.

On the other hand, as soon as you try to fulfill your authentic ambitions you are befuddled by three catches:

Catch One: Even if you want to fulfill your authentic ambitions, you may not see or recognize them.

Catch Two: Even if you *do* have hints about your authentic ambitions, they may not be consistent with your present view of yourself, of other people, of the world, or of what is generally regarded as possible.

Catch Three: Even if you locate your authentic ambitions and decide to take action, your ambitions may be of such massive magnitude or shocking originality that they may never (or perhaps *can* never) actually be fulfilled.

Most of us intuitively recognize these catches and have consciously or unconsciously decided that it is best not to seek our authentic ambitions. Because of this short clear conversation that we are having right now you get a chance to make a new decision. The proof of whether or not you make a new decision will be what actions you take

afterwards. For example, if you decide to change your mind and start accomplishing your true ambitions, stop after reading this sentence, put your right hand up in the air and say out loud no matter who is there and with no explanation, “I choose to accomplish my true ambitions.”

If you took this new action and raised your hand and spoke out loud you now already have proof of the reality of your new decision. If you continued reading without putting your hand up and speaking then your Box interfered and you must take other actions for proof.

Remember, the food you derive from your authentic ambitions is not only from successful completion – which may be practically impossible. Satisfaction comes from being in the field of taking real actions each day towards accomplishing your authentic ambitions. Even if your action is small it declares what your life is about.

EXPERIMENTS:

These three steps are done one after the other.

SPARK075.01 BECOME AUTHENTIC ABOUT YOUR INAUTHENTICITY

Pay close attention and observe exactly how you avoid your authentic ambitions. How are you distracting or dulling yourself? Where are you pretending to accept things in your life that are actually unacceptable to you? (These are called “dangerous questions” because answering them takes you outside of your well-defended comfort zone.) Once you find out where you are not being true to yourself, change comes from “pulling your own covers” and revealing what you have found to witnesses who understand the full implications of what you say. Big changes happen in public. Most people stop before taking this first step because they reason that being authentic about their inauthenticity is far too painful. Yes, it *is* painful. But at some point, hopefully before your deathbed, you must weigh the pain of realization against the pain of self-deception. Being authentic about your inauthenticity lets you be where you are. No matter the disgrace or embarrassment being where you are gives you more power to act.

SPARK075.02 CLARIFY AN AUTHENTIC AMBITION

Do not expect this to be too easy. The most productive way to clarify an authentic ambition is to start living with these questions: What are my true ambitions? What brings me alive? What do I really love to do? What turns me on? What am I here for? Take your time and let these questions do their work on you. True ambitions vary wildly from person to person. Do not be surprised if what you really want to do fits no stereotype. Trust your guts. We offer no examples here of what an authentic ambition might be. The Box gets a hold of such a list and quickly performs its analytical surgeries designed to keep everything the same. If you figure out an authentic ambition all by yourself then you can neither deny it nor allow someone else to convince you that you are crazy.

SPARK075.03 ONE, TWO, THREE, GO!

Take actions. If you do not see all the actions to take, then take the action that you do see. Even if it is a small action you will learn something, and your new perspective will reveal the next necessary action. Living your authentic ambitions is not about quitting

your job, leaving your family and joining the French Foreign Legion. Living your true ambitions is what you do with your energy instead of complaining, getting sick, hurting yourself, watching television, making excuses, or being depressed. You can be satisfied right now forever by framing the context of your life such that each and every action you take is actually serving your authentic ambitions.