

SPARK 085

(Matrix Code: **SPARK085.00** for StartOver.xyz game.)

DISTINCTION: Every action you make navigates you into one of three kinds of relationship: ordinary, extraordinary or archetypal.

NOTES: Your Box tends to entertain itself with an internal monologue pronouncing its opinions about what is happening around you. Some interactions with people leave a sweet tingly after-taste. Other interactions feel annoying and bitter. The intensity of the Box's opinions may be strong or weak, but the Box seems to have opinions about every interaction. What to investigate here is the source of the Box's opinioning.

The basis for forming opinions is the Box's assumption that what happens in a relationship is the only thing that can happen just then. If you assume that something different could happen, suddenly you become responsible for creating what is happening to be happening that particular way. That is, if something different *could* be happening and you are not making something else happen then you are making what is happening happen *that* way, even if you make it happen simply by not doing anything differently. Taking that much responsibility can be unnerving, ominous or frightening. Most of us choose instead to play out a character who has no real options about what is happening in our relationships.

But what if you actually do have options with your boss, your colleagues, your mate, your children or your neighbors? What if you are assuming you have no options because you are using a flat-world map of relationship and other options exist only on continents located beyond your horizon? What could a round-world map of relationship look like?

Imagine that there is not just one but actually three universes into which you can navigate interactions with other people: ordinary, extraordinary, and archetypal. In ordinary relationship you assume that either the other person is right and they win or you are right and you win. You feel glad when you win and they lose. Ordinary relationship is a power struggle over who has the territory, who has the recognition, and so on. Ordinary love is scarce, an object to be consumed like a candy bar.

In extraordinary relationship you take responsibility for being yourself and for respecting other people for being themselves. You play responsible games and feel glad when other people win. Extraordinary love exists independent of circumstances or reasons whenever you source its presence.

In archetypal relationship the relationship itself serves as the space through which conscious archetypal masculine and feminine principles can do their work in the world. Archetypal love is an abundant freestanding sourceless radiance out of which the entire universe is made.

In the new map whatever relationship is happening right now in each moment is nothing until you navigate the space of that interaction into one of the three universes. You navigate into a universe through the quality of the actions you take, where you

place your attention, the tone of voice you use, your purpose, etc. In this new map of relationship there are many interesting new possibilities to explore. How can you acquire the new map?

Gaining new relationship options starts when you look closely at what personally blocks new options from your view. In every case what you will discover is that what defines your horizon is your Box. You are trapped in a spaceship called the Box and the spaceship is on automatic pilot. Your Box will continue to navigate your relationships into ordinary territories until you seriously start asking the question, "Where is the Box override switch?"

The override switch is located at the place that chooses what to think about all of these ideas right now. The override switch is the free-will function that generates your opinions, your actions, the spin you put in the tone of your voice, your true intentions, etc. If the Box is switched to autopilot then you can only go where the Box will take you. As soon as you seriously consider cutting off the autopilot the Box will of course hide its override switch.

Still, you are not a victim. You can hijack the ship. You can simply use these or any written words to guide you to the place where you decide about how to understand things and from that point take over manual control of the steering wheel. In this moment you can choose into which domain you will fly the space of your relating. Suddenly there is a gap between what you do now and what the Box has always done. You can try some new experiments. Your relationship responses do not have to follow any pre-established script. You are no longer restricted to a pattern of call and response. You do not have to be predictable, to meet anybody's assumptions or expectations. You can fly your conversations any way you want regardless of how other people are flying theirs. You can follow a different flight plan and extemporize ways for both of you to enter interesting new territory.

Pirating the space of relationship away from your Box opens vast options that you did not have before. Let's take your spaceship out for a little spin, shall we?

EXPERIMENTS:

SPARK085.01 An action is any movement that transfers energy. Actions can be quite sublime such as having a thought, making an opinion, shifting your eyes, adding tone or inflection to your attitude, attaching implications to your meaning, etc. Your actions may be fast or slow, flamboyant or restrained, fluidic or stiff. What matters is if your actions are conscious. Three times a day, choose an interaction with another person and learn the exact actions you make to navigate that relationship into one of the three universes, ordinary, extraordinary or archetypal.

SPARK085.02 As soon as you make attempts to navigate a conversation into new territory you may encounter a conflict. There may be a struggle as to who gets to manipulate the spaceship controls. The instant you notice such a struggle, try the experiment of agreeing with your partner entirely. Agree because their experience is real for them. They may feel afraid to enter the level of presence, authenticity or novelty into which you are trying to navigate. Instead of arguing, vanish all of your resistance

and go along with them to wherever they want to go. At the same time mirror back to them where you are both going. The way to mirror back is to have a conversation about the conversation. For example, explain about the three conversation spaces and then specifically name the actions that are being made to take this particular conversation into a certain universe. Be sure to share what you feel and then to listen to what they feel. By having a conversation about the conversation you exit the original conversation and create the possibility of entering a completely different universe of relationship.