

## SPARK 090

(Matrix Code: **SPARK090.00** for [StartOver.xyz](http://StartOver.xyz) game.)

**DISTINCTION:** Your greatest responsibility is to live your dream.

**NOTES:** The importance of trying to live your dream is not actually to live your dream. The value of attempting to live your dream is that it throws you into a specific motion that allows precessional or sideways evolutionary forces to enter and affect your life. This is comparable to a boomerang. When a boomerang is thrown with a particular motion, sideways physical forces naturally arise that move the boomerang in a completely unexpected direction so it returns to you. Trying to live your dream is the proper sort of motion to generate sideways evolutionary forces.

Trying to live your dream is also comparable to feelings work. Feelings work has two phases. In Phase One of feelings work you must learn to feel mad, sad, glad and scared with precision so you do not mix your feelings together, and to feel from zero to one hundred percent maximum archetypal intensity. After you have succeeded in Phase One of feelings work only then do you enter Phase Two. Phase Two of feelings work is to use the energy and information of your feelings maturely and responsibly. You cannot responsibly use feelings until after you learn to feel. This also applies to living your dream. Only when you are successfully trying to live your dream can you come to realize that the “you” who has the dream is an illusion caused by misidentifying yourself as your Box. Only while trying to live “your” dream can you discover that “your” dream is merely the view filtered by your Box of the universal dream of endless communion in paradise. If the truth be told everybody has the same dream.

You are neither taught nor encouraged to live your dream. Instead you are encouraged to indulge your urges so as to relieve the stress of living someone else’s dream. The difference is enormous. Without making specific intelligent efforts to clarify and enliven your own dream – your job assignment from the universe – your dream will fade from possibility untended like the garden of a dead man.

For example, by the time I was thirty-seven years old I had graduated with a college degree in Physics, gotten married, traveled for two and a half years around the world, started a family, bought a car and a house, and founded my own computer electronics manufacturing company in Northern California. I thought this was my dream. Then one day a representative of evolution asked me what turned out to be an extremely dangerous question: “Why do you do the work that you do?” It took some weeks for this question to worm its way through my mind’s obfuscations but when the question slammed into my center of being it catalyzed a shockwave that completely reordered my life. I assumed that I had studied Physics and worked as a prototyping engineer because this was a field of my own true choosing. The question revealed that I was doing this work only because my father did exactly the same kind of work and I had merely copied his dream. Suddenly through this insight a new option was possible for me to choose from. I could without effort or struggle simply drop my life like a butterfly leaves its cocoon and enter an entirely new life. Be warned that if you seriously engage this SPARK something similar could happen to you.

## **EXPERIMENTS:**

Clarify your dream. Whether or not you actually take steps to implement your dream is at this point irrelevant. Without first clarifying your dream no effective steps can be taken anyway. What is required first is to discover that you personally carry your own unique vision of the universal dream. You have an inspiring sense of what is possible for yourself, your community, and the world. This sensation is your dream. This inspiration is your destiny.

**SPARK090.01 STEP ONE:** Go to the internal place where you no longer assume that you know anything about what your dream actually is. This may be easy. Your dream may lie outside the boundaries of present day cultural concept limits. If so, there would be no way for you to find it, conceive of it, visualize it, or speak about it through the set of conceptual possibilities that modern culture has given you to understand things. So many forces are trying to manipulate you to abandon your dream and instead to adopt the dream of some external authority that you may never have directly experienced your own dream. Your dream is unique and probably bigger than you think. Consider that each snowflake is unique, each wave, each flower, each breath, each moment is unique. Certainly each person' dream is unique. The point is that if you do not try to bring your particular unique dream to life no one else *can*. No one else will ever see your dream the way you see it. That is why bringing your dream to life is your greatest responsibility. If you die without trying to bring your dream to life your dream dies with you. Forever. When you are able to permit yourself to not already know what your dream is then go to STEP TWO.

**SPARK090.02 STEP TWO:** Experience your dream. Create a way to stop all activity for a few moments. Sit comfortably, relaxed, away from busyness. Get quiet on the inside. Perhaps close your eyes. After a time gently send yourself an internal request to hear from your original silent voice, the experiential voice that speaks to you before you make words in your mind. Ask, "What is my true dream?" Then wait for an experiential answer. Be patient. The response to your request might not be as immediate as when you speak to another person. The response might not produce a clear list of options like an Internet search. The response won't come from your mind. Make your silent request and then wait for a whole-body sensation like a bubble of feelings floating up from your internal depths. The sensation may feel bizarre or familiar, conceptual or visual, complete or partial – there is no right, perfect or final form of this communication. All you are trying to do is establish or strengthen your link to your life-action DNA code – the place in you connected to your dream. The most accurate or powerful response to your request may prove to be an experience that makes no sense to you at all. The communication itself may be irritating to everything that you know, initializing a crack in your certainty about who you are or what you are doing with your life right now. Contrary to how it might immediately feel, that crack may be the most precious thing you have. That opening into apparent chaos may be a gateway to a clear vision of your dream that includes a totally unexpected rearrangement of priorities.

**SPARK090.03 STEP THREE:** Consider implementing something from the vision of your dream. Consider taking a step, even a nano-step (way smaller than a baby step). It does not matter what the step is. It just has to be a real step. You could get out a

pen and paper and start writing. You could look up someone's phone number or do a search on the Internet. You could risk bringing up your dream as a topic of conversation with a trusted friend. You could simply get out of bed in the morning with an intention to live "your" dream. The moment you take this real step you are in the proper motion to be influenced by the force field of evolution. The experiment is to enter and stay in that force field as often and as long as you can.