

## SPARK 168

(Matrix Code: **SPARK168.00** for [StartOver.xyz](http://StartOver.xyz) game.)

**DISTINCTION:** Nothing confuses the universe more than your own indecisiveness.

**NOTES:** If you are not decided about which choice you will make, how can the universe support you? If you refuse to commit to a path how can the universe give you clear feedback about what works and what does not work? How can the universe deliver nonlinear coincidences and sideways-evolution forces if you are not in motion with a decision? By staying indecisive you put yourself into a holding-pattern that circles elusiveness. You stay undefined, confused, and vague. Your waiting prevents the universe from committing to you. Some people wait until they are dead.

Given the complexities of today's world, being indecisive may seem like smart policy – observing what happens as a bystander usually avoids negative repercussions.

However, clinging to indecisiveness is a leftover childhood survival strategy. The strategy goes like this: If you remain undecided then you are not a force to be reckoned with. If you remain weak and confused then those in charge do not have to feel threatened by your authority. Being indecisive keeps you from standing out. You are not solid enough to be regarded as dangerous so they do not have to attack you as an enemy. The result is you survive.

The thing is, your time for merely surviving is over... or, could be over, if you take initiatory steps towards adulthood, one of which is letting go of using indecisiveness as a survival strategy.

In order to let go of the strategy you first have to experientially detect it. As the evolutionary Juan Santos used to say, "You cannot change what you can't face."

Indecisiveness feels like an inner dust-storm, a small tornado blowing grit into your eyes and mouth so you falter and step back from being certain.

The dust-cloud swirls between you and an authority, or between you and a scary opportunity. It can be difficult to see what the dust-storm hides from you, *first*, because that is the dust-storm's purpose – to hide a special person or a transformational decision from you, and *second*, because you forgot that you yourself whipped up the dust-storm in the first place, and have unconsciously grown accustomed to accepting the dust-storm's presence as a standard part of reality. But it is not. Your self-confusion is fabricated. It does not have to be there.

Being decisive does not mean that you become egomaniacal, that you take up all the space with your ideas and needs and plans, that you already know about things, or that you are shut down to other options or to changing your mind.

On the contrary, you can decide to have no plan. You can decide to be one of the team, to stay relational, to stay open. You can decide to enter the state of not knowing. You can decide to withhold your judgment. You can decide to decide even

if you are uncertain. And you can decide not to decide right now. Each of these is a decision that the universe can align with and support you in.

It delights the universe when you decide and do what you say you will do because then the universe recognizes it has a playmate. In reality there are consequences. If you become consequential then you gain parity with reality and enter an equal partnership with the universe in creating how things go.

### **EXPERIMENTS:**

**SPARK168.01** Are you ready for the consequences of being decisive? Notice what you feel in your 4 bodies as a result of reading that question... Do you feel fear? An inner contraction? A tightening? If so, find out why. Perhaps a hidden competing commitment is at work in you. (If so, get a Possibility Coach to run you through the *Hidden Competing Commitments* process.) Perhaps an incomplete emotion emanates from a forgotten vow that you made under dire conditions. (If so, get into a *Possibility Lab* and sit in the Possibility Chair with that emotion as your request.)

If you decide to step out from the dust-storm then start eliminating ways that others dictate how things go for you by saying out loud, "I decided that..."

The free will to choose is a human birthright. Stop trying to give it away. Choose from your own soul and not from someone else's:

What will you wear today? What will you order at the restaurant?

What is your intention in this conversation or interaction?

Which of the 3 games will you play here? I win, you lose competition? I lose, you lose compromise? Or Winning Happening service?

What level of risk will you take in this conversation? Full exposure? Full vulnerability?

What level of presence will you engage? What are you going to create?

What level of contact will you make with this person?

What offers will you accept or reject? What do you want?

Which intellectual, emotional, energetic, or physical intimacy will you engage?

How directly from your true vision, your authentic wish, your archetypal lineage will you speak? How fully will you decide to commit to your stand?

How completely will you push back on or side-step the forces that consume your energy and corner you into thoughtlessness?

A deep breath can allow you to separate fact from fiction. Any time you have difficulty deciding, look for a story being created by your Box. By seeing the fiction its purpose becomes obvious. Becoming decisive is itself a decision. Getting a new job, shifting careers, starting or ending projects, clarifying relationships, these are side-effects. Find out how it feels to work side-by-side with the universe.