

## SPARK 016

(Matrix Code: **SPARK016.00** for [StartOver.xyz](http://StartOver.xyz) game.)

**DISTINCTION:** The space determines what is possible.

**NOTES:** When you first encounter the Possibility Management concept of space you might imagine it like a room. The physical structure with its four walls, ceiling and floor establishes a physical space. The characteristic sizes, colors, shapes or materials of a physical space do not change unless the walls themselves are remodeled or destroyed.

Use the image of a physical space to imagine a different sort of space: energetic space. Energetic space is often associated with physical space but it does not need to be. In fact, gaining the capacity to work with energetic spaces disassociated from physical spaces is a key set of skills in Possibility Management.

In contrast to physical space, energetic space is mobile. Energetic space can be declared, expanded, shrunk, spun, shifted, vanished, transformed, and dedicated to serve various purposes all in a matter of moments. Because of these properties, energetic space proves to be quite a useful tool. How does it work?

Energetic space is easy to detect in nature. If you approach a wild bird or animal you can observe that each time you approach it allows you to get within a specific distance and only then it moves away from you. The animal holds an energetic space around itself and can sense whenever you enter that space. The same is true for human beings, only our senses have atrophied.

You can safely assume that most of your dealings with energetic space so far have been unconscious. This is no fault of your own – you have not been trained. With a little practice you can start working with energetic space consciously.

How is energetic space created? Energetic space comes into existence through consciously declaring that it exists. You declare things all day long. You say, “What a fine day it is! What a horrible day it is! I feel great! I feel overwhelmed! This client is so helpful! This client is a pain in the ass!” And so on! Declaring is when you guide your intention with your attention to say, “This is so.” A declaration brings a condition into existence that did not previously exist. Before you can declare energetic space into existence you must first define its boundaries.

The simplest way to define the boundaries of an energetic space is to model it after the boundaries of a physical space. Then you can declare the eight points of an energetic space at exactly the same eight corners of the physical space you are in. Look up. You can see four points one in each of the four corners of the ceiling. Look down. You can see four points one in each of the four corners of the floor. The room does not have to have a perfectly rectangular shape before you can declare within it the eight points of an energetic space. Click your fingers and in your mind’s eye establish the existence of the eight points needed to define the energetic space you want to hold. Each click says, “A point is here, a point is there...” If you keep 10% of

your attention on the eight points, the energy of intention that you flow through your attention will sustain the existence of the points and voila! You are holding space!

It is the spaceholder who declares what purposes the space will serve. If you do not hold space with your conscious intention, then the space could well be serving irresponsible purposes. If you consciously hold space then you serve the space and everyone in that space by being the spaceholder for conscious purposes. When the spaceholder of a meeting consciously declares the purpose of the meeting suddenly you are two or more gathered in the name of that purpose.

The purpose of an energetic space sets its context. The context of a space is more powerful than the laws of physics. That is why it is so difficult for the context of Western science to explain the likes of firewalking, spoon bending, levitation, and so on. When science declares the context of the space spoons will not bend and if you walk on fire you get burned. Only when the context of the space is shifted to a different context do spoons melt over in people's fingers and both children and adults can dance barefoot in coals without harm. The context of the space determines what is possible in that space. This is how a Possibility Manager creates possibility: they declare and hold space in the name of the principle of possibility.

## **EXPERIMENTS:**

**SPARK016.01** Practice detecting the context of various spaces. Go from home to office to café to store to auto garage to church to AA meeting to gym club and so on and detect the energetic spaces within each physical space. Then refine your detectors and notice that in one physical space, for example a conference room or your dining room, there are a series of widely different energetic spaces that proceed. Detect who is generating the context of each space and how they do it. Discern their purpose, and notice what is possible in the context they hold. The spaceholder is not always who you think it should be. Often there are key individuals in spaces who have no officially designated power and yet who function as spaceholders. For example, sometimes little children run whole families!

Then take your next step. Notice the various meeting and conversation spaces where you yourself are holding space. Notice that you have the potential to hold space wherever you are and whatever is happening. Practice consciously holding more space than you normally do in your meetings, conversations and relationships. Learn what it takes to create and hold spaces with both impeccability and possibility.

When I first started learning to hold space I used a kind of energetic glue to control everything. The space was indeed "held" but it was held so hard that everybody was glued into their seat. After a while I loosened up a little, but only a little. I no longer had absolute control, but at least people could move - only slowly, as if they were up to their knees in mud. Finally I realized that holding space was not about control at all. Holding space does not require force, only my attention and commitment. The idea of being totally responsible for the process and outcome of a space and yet to have no control was both scary and remarkable. With practice the spaces I held gained access to almost unlimited energy, only it was not my energy. It was the energy of the principles that the space was dedicated to serving. As the spaceholder

I was being the space through which the principles that we served could do their work. It now takes focused effort for me to not hold space.