

SPARK 083

(Matrix Code: **SPARK083.00** for StartOver.xyz game.)

DISTINCTION: There is a series of secret rooms. The key to the next room is in the room you are in.

NOTES: The rational mind goes crazy with statements like that. What secret rooms? What key? The mind has no idea what this means in reality. This SPARK is not intended to land in your intellectual center. This SPARK is intended to land at the heart of your inspiration. Quiet the mind for a moment and sense if you are experiencing a subtle reverberation through several layers of your body-mind system. "There is a series of secret rooms. The key to the next room is in the room you are in." If you discover a warm tingling excitement at the heart of your inspiration you could let that sensation continue. You could allow that sensation to grow in intensity. The tingling comes from internal circuits lighting up in you that have not been awakened for a long time – perhaps since before you attended school where you were trained to exclude any concept that did not immediately fit into the conventional knowledge continent. Let the tingling sensation spread and let your heart of inspiration feed for a while. It could be quite glad of some nourishment.

If you were to force yourself to distill out the purpose of the universe you might eventually come to the idea that the purpose of the universe is evolution. Look at what has been happening on our planet the last few billion years. Evolution happens in biology through genes evolving greater sophistication, elegance and interconnectedness. Evolution also happens in consciousness through memes evolving greater sophistication, elegance and interconnectedness.

This SPARK says that your consciousness lawfully evolves through a series of expanding possibilities. Your present Box of effectiveness could be described as a room defined by walls of limitation about what is possible for you. Beyond your Box's possibility limits the universe is invisible to you. Since you cannot see into the next room from this room the next room remains a secret until you step into and take possession of it with expanded awareness. The key to entering the next expanded room of awareness is designed into the structure of your present room. The key is at hand. Evolution makes a jump each time you discover and use the key in your present room. There is no top end in the expandable labyrinth of rooms.

The idea that there is a series of secret rooms can clear up many unexplainable mysteries about your life and career. First, if you look back and notice the various situations that you have been in over the years, they do not necessarily make sense in a linear progression. You could probably not have predicted that things would turn out this way. For example, while studying physics at the University in California I would never have guessed that I would end up living in Germany giving Possibility Management trainings!

Old rooms die suddenly, just as suddenly as new rooms appear. You jump from one room to the next to the next and here you are now, in the present room of your life. How did you get here? You found some key that opened up the new circumstances out of your last room. Perhaps you risked being more vulnerable with a person in

your circle of friends and they suddenly provided you with new possibilities. Your openness to sharing with that person was your key. You could have revealed to them what you needed before now, but you did not. Or perhaps you signed a contract for work. Finding the clarity in yourself to accept the offer was your key. Perhaps you decided to end something or begin something. Your new capacity to make a decision was your key. Perhaps you directly asked for help in finding your next key. You could have asked for help before. Finding the courage to ask for help was your key. And so on.

Evolution is continuously nonlinear. Do not expect the qualities of the next room to fall into categories such as better or worse, good or bad, superior or inferior, more comfortable, more joyful, more pleasurable, etc. The next room will simply be more evolved, and will somewhere contain the key to your next more evolved room.

It can also be useful to recognize that there is a natural speed limit to evolution. If you are like me then you are impatient for evolution to unfold itself. But the next secret room can only unfold itself when you have built the matrix to hold the necessary expanded consciousness. The key to the next secret room could well be an element that builds matrix for supporting greater awareness.

EXPERIMENTS:

SPARK083.01 Set aside a few private moments for yourself. Then make a final decision that you will stay in the present circumstances of your life for the rest of your life. Do you notice anything change? Does your body tense or relax? If objections to the new decision arise or if your body tenses, then you have learned something about your essential strategy. You can admit that a part of you does want to stay in the room you are in now forever because this room is familiar and, to one degree or another, it works. But consider this: if that part had majority vote in your life you would not be reading SPARKs. With this experiment you have just discovered that with at least 51% vote you are aligned with the evolutionary force of the universe. More is not needed to proceed. It is useful to know this about yourself.

SPARK083.02 While wandering the streets of Kyoto, Japan, in 1982 I found myself in an international bookstore. On a stand near the cashier I discovered a remarkable booklet of aphorisms. Considering myself to be a connoisseur of fine ideas I was excited to buy the book and add it to my collection. As I sometimes do (and you probably too) I flipped the book open to a random page to see what the universe would tell me. The aphorism read something like: *Why are you looking for more knowledge when you are not using the knowledge that you already have?* The question stopped me dead in my tracks. I delicately put the dangerous little book back on its shelf, walked out of the bookstore and changed my strategy. Before that moment I was a seeker after truth. For years I had searched for the keys that I assumed must be hidden *out there* somewhere. The new strategy was to become more imaginative and resourceful with the knowledge I already have. I started more creative experiments with putting my knowledge to use. This is now your experiment: How can you put your present knowledge to use? How can you more effectively implement your current resources? How can you apply the clarity and wisdom of experience that you already contain? Your job is to discover the key in the room you are now in that opens the door to your next room. Use the keys that you have. Maybe

you are not using a key that you thought you already tried or that is lying in the back of your mind covered in dust. The hint is: take the risk of asking for help. There is no rule against asking for help. Actually, beyond a certain point there is not much chance of succeeding alone. You could well have already passed that point.