

SPARK 113

(Matrix Code: **SPARK113.00** for StartOver.xyz game.)

DISTINCTION: Taking responsibility for your intrinsic power of conscious choice ignites your creative potential.

NOTES: *Choosing* is the first of three intrinsic powers of a human being. The other two powers are *declaring* and *asking*. (This last statement is a declaration, just in case you asked.)

It is probably not accidental that school neglected to teach you about your three powers. Modern school is not designed to make you powerful. Curricula are designed by corporate directors to make you weak-willed and overwhelmed so you obediently consume whatever products and services corporations market. After many years of such schooling you may be numb enough to conclude that the entire realm of what is possible for a human being must have already been covered in school, so you commit to leading a mainstream life. Other lives are possible, but not until you take responsibility for your power to choose.

Choices can be conscious or unconscious. For example, while reading the previous paragraph you probably blinked your eyes, scratched, swallowed, adjusted your posture, or breathed a few times. How many of those actions were conscious choices, as in, *now I choose to blink; now I choose to breathe; now I choose to scratch?* Probably none of them. But you have the possibility of making these choices consciously. For example, you could choose to read the entire previous paragraph without blinking, without breathing, and without moving your arm. Try it.

Previously unconscious choices can be made conscious. For example, you can consciously choose where you place your attention: *On that woman or this woman? On what she is saying, or on what I am thinking?* If you consciously choose where you place your attention then you take responsibility for where your attention is. If you let your attention be taken by the brightest distraction then you act as if you are not responsible for where your attention goes even though no one but you has control of your attention. You are the one who puts your attention wherever it is. You cannot avoid this responsibility, but you can choose to let your choice be unconscious.

You can consciously or unconsciously choose which tone of voice to use: Authoritarian? Humorous? Childish? Appreciative? Or which attitude to take: Seductive? Uninterested? Cynical? Vulnerable? The more choices you make consciously, the more responsible you can be for what you create. You have the responsibility to deliver your positive contribution to humanity even if what you came here to deliver has never existed. Your freedom of creation comes from consciously taking the power to choose.

Some of your choices are unconscious because you made them long ago and then forgot, yet they still shape your life in crucial ways. Perhaps you made decisions before you could speak, before memories became consistent, during a nightmare that is not recalled, or perhaps even in a so-called *past life*. Intensified in the moment of death to the level of an everlasting vow, such a decision (e.g. *I will never risk*

leading again. I will never love a woman again. I will hide my power. Or, I hate all men.) could have the morphogenetic force to influence future lifetimes, unremembered but still formative. In the moment you take responsibility for making an old choice you gain the option of making a new and quite different choice.

Choices made by one aspect of your personality may not be recognized or accepted by another aspect. You have seen people shift identity when their mobile phone rings and they instantly become a character very different from the character who was just speaking with you. When the call is over they shift back and do not even know they shifted. We all have multiple identities. Who chooses which identity is choosing for you?

You may be unconsciously choosing to accept choices made for you by parents, church, government, gang leader, or company brand, assuming they have more authority to make these choices than you have. Perhaps that is not true.

You may be choosing to enact your Box's unconscious survival strategies even though this behavior is not authentic to your essential wish for vulnerability or intimacy. Through recognizing your Box's patterns you gain the option to connect with others and express your undefended uniqueness.

You may have welded your choices to reasons. If so, then in each choice it is the reason that has the power, not you. Taking responsibility for choice means to choose previous to applying reasons. Reasons are ten cents a dozen. Anybody can make up a reason about anything. They are meaningless, applied to make you look sane. Conscious choice is made before any reason is attached. Then you say (at least to yourself), *I choose for no reason*. Later, reasons can be applied for purposes of conscious theater. But you have taken your power of choice back from reasons.

You may assume that you made choices that you have not in fact made. For example, you may assume that since you are alive you chose to live. This may not be the case. Responsibility for choosing begins with making that first choice consciously. The experiment is to say it out loud, *I choose to live*. Try it. See what happens.

You may assume that a series of choices has been forced upon you like falling dominoes, cascading one after the other, each choice forced by the previous. Such choices may fit together logically *but there may be no connection in reality*. Logic has its limitations. When you liberate your choices from linearity then at any moment you can make a new choice. Each new choice may be nonlinear, completely disconnected from logic and from all previous choices.

You may choose to ignore an opportunity to make a choice, or choose not to choose, or choose to assume that someone else will choose for you. But these are all choices. Choosing is inalienable. Every choice has consequences – including each choice you do not make because you don't see the options to choose from! Taking responsibility for your intrinsic power of conscious choice puts you at risk, but you are already at risk. Why not take the risk where you have some power?

EXPERIMENTS:

SPARK113.01 This experiment is to practice making choices about things that you may not yet be choosing consciously. Use Albert Einstein *thought experiments* to sense into how it would be to live in the world created by making choices such as these:

- Choose to retain your own authority.
- Choose to not be representable, meaning that no one else can speak in your place or can represent your vote.
- Choose to not be bound by the choices that others make.
- Choose to regard yourself as having a personal spiritual disposition that is unnamed and cannot be institutionalized.
- Choose to question the validity of any organization that acts as if it is possible to externalize social and environmental costs so as to increase its own profit.
- Choose to accept that you may have a completely different opinion.
- Choose to be at ease with not having answers to certain questions.
- Choose to trust your own inner positive vision for life on earth.
- Choose to withhold none of your natural commitment to enlivening that vision.

These choices are not merely intellectual entertainment. These choices form the basis for many other choices that you make in your day-to-day life.

Happiness comes from choosing *what is*.

Satisfaction comes from reinventing *what is* to create options that you prefer to choose from.