

## SPARK 125

(Matrix Code: **SPARK125.00** for [StartOver.xyz](http://StartOver.xyz) game.)

**DISTINCTION:** You built the dance floor for the dance you are dancing.

**NOTES:** Technically you could call this skill: *densification*, the procedure for establishing the gameworld in which you perform your life. If you do not consciously densify your own gameworld, then you are dancing as a marionette in someone else's gameworld. Modern-culture residents live under the control of mega-governments where (as Neil Postman explains in his book *Technopoly*) technology has replaced culture. By using modern technologies, you exchange culture for compatibility. Try this: Build your own steam-powered car. Guaranteed you will find yourself in a different culture.

As a child you are completely dependent on parents and society to provide a basis for living. You make a choice. Either you deform and misrepresent yourself so as to at least appear to fit within your childhood conditions or you die.

Whatever strategy you adopted, it worked. You survived.

Your initiations to adulthood begin when you gain enough energetic matrix and skills to build the dance floor for the dance you *came here* to dance. Modern culture regards initiation as an enemy, as if initiation steals away and frees civilization's slaves (which it does), as if initiation unfolds in each person the ability to establish and run their *own* culture (which it does). To destroy this possibility, modern culture preaches that there is no such thing as initiation, and that anyone saying otherwise is a dangerous sect. This does not mean authentic initiation does not exist. This simply means you need to get to the edge of modern culture's thought limits before you can find initiatory processes that will unfold you back into your originally intended form.

Initiations make it so that instead of merely surviving as the sleeping participant in someone else's gameworld you can live as the creator of your own. (Just to be clear, this is not a new-age positive-thinking *you create your own life* aphorism. This is a science experiment.)

The fact that you are reading this SPARK means step one is already accomplished: you now stand at modern-world's end. It's like looking out over the rim of the Grand Canyon into an immense volume of free space. What lies before you is an openness so vast you cannot wrap your mind around it, and it's all yours to play with. The problem is that the first step looks lethal. At this point, conscious densification becomes a handy skill set. With densification you can build beyond the edge of modern culture. You can roll out your own dance floor. But how? How do you transform groundlessness into the seemingly solid dance floor of a gameworld?

The daily unconscious dance floor typically permits only dances such as: *I can't do this... I don't know how... It must be this way... It can't be any other way... This is reality... This is who I am... There are no other possibilities... I have no choice... I am right about this...* You were taught to believe that this dance floor is the complete

and total basis for life, that you are stuck on it, and that it will never go away or change. However, in actuality, *the dance floor is not even there*.

Dance floors are completely fictitious. They appear to be solid because they are a *densification*. They are temporary and arbitrary playing fields sculpted out of nothingness that has been spun into a storyworld that you have stepped into and danced on for so long that you forgot who made it and assume it represents the full extent of reality.

Well, sorry to be the disillusioning factor, but I want to show you a side door. The side door is radical responsibility for conscious densification. It goes like this: entering imagination + noticing obtainable and makeable resources + giving attention to precise actions + flowing energy from principles + improvising + letting it all go. As Isaac Asimov was fond of saying, *Success by planning alone is insufficient. One must improvise as well*.

It can be helpful to recognize – although it may be frustrating and embarrassing – that you already have most of the necessary skills and resources. The pain comes when you realize you've been applying every resource and effort to keep yourself asleep at the wheel.

The procedure for making densification skills conscious is as follows:

- *Seriously* slow down what you are doing while you do it.
- Pay *very* close nonlinear attention to how it is going.
- Give unnamed things *new names*.
- *Practice* until you can do it consciously.

Only after you can roll out gameworld dance floors consciously into empty space can you then shift to playing, so to say, jazz.

## **EXPERIMENTS:**

**SPARK125.01** Sit for twenty or thirty-five minutes with your eyes closed intending to re-connect with your original longing. Turn off your cell phone. Light a candle. Take a deep breath. This may involve experiencing long-suppressed feelings, such as:

- Outrage about being forced to leave your longing behind in order to survive in the modern world (this is anger).
- Plus grief about being disconnected from your central purpose for so long (this is sadness).
- Plus numbness if nothing at all comes to you when you close your eyes (numbness is fear), or doubting that anything that might come could possibly be true (doubting is also fear).
- Plus ecstasy while reconnecting to your source (this is joy).

Feeling all this is fine, because by now you can responsibly navigate your feelings. Let them roll on by.

When you arrive at the center of the cyclone your longing may be covered in cobwebs, stuffed back in a cold dark corner of a cellar, long ago abandoned when you made the desperate vow to survive no matter the cost. But the longing never

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goes away. It's still there, with a colorful vibration and an inner warmth. And it is yours. You brought it with you when you came here.

When you find it, do nothing. Let the longing come closer. Sense your way back into the longing, letting it melt its way back into you. You two have a long history. There is automatic resonance between you. Nothing to write down, nothing to remember, this is your natural self-experience. You do not have to understand it, name it, or see it. All you need do is trust it. Keep breathing. After re-nurturing the symbiosis between you and your longing for an extended while, open your eyes.

Now practice densifying one small aspect of your longing into the dance floor of a gameworld space in which you and others can bring your longings to life. Yes, it is okay to do this. The universe has been waiting a long time for you to do this. This is what life is for, to create what your authentic being most wants to experience. Let's start with a smaller experiment, shall we? Making dinner.

The experiment is to make dinner tonight with a different alertness. First comes imagination. (Remember, you may need the *Reconnecting to Imagination Initiation*, because if you attended school the first thing they did was cut off your imagination. Ask any Possibility Trainer and they can provide this initiation for you.) Imagine a dinner cooking process and a dinner eating space that radiates something you long for, in which your longing comes to life. Hold that vision in your energetic body as a compass needle indicating which direction to roll your gameworld space out into.

Now look around with wide-open energetic eyes to see what you have. Do not look with your intellect full of known recipes or familiar eating utensils. Simply open and scan. Use *soft eyes* that can perceive what is actually there and can see what might be possible through unorthodox combinations. The freely available raw abundance may surprise you. If others are with you, explain what you are doing as you go along, not as a teacher but rather as a fellow adventurer.

Now move with precise actions, empowered by your longing. You might speak very little. You might sing. You might become a dinner surgeon moving with an uncanny precision in parallel actions honed by the qualities of your longing.

Keep moving. Move without knowing. Move from the vision while doing what's in front of you. Let the longing move through you to fill out the details and structure of the space. Try to not let concepts or beliefs hijack your work. Performing workable moves without prethought is called *improvising*. Enjoy the delight of radical improvisation.

The *letting it all go* part comes from allowing your dance floor to be destroyed. Even if a gameworld goes on, no particular gameworld space lasts forever. Make each space to the best of your ability. Hold it so long as instructed to by the space itself. Then, at the right moment, let it go. (Learning right timing is in itself an art form.) The space may get killed quicker than you wish. It may live longer than you could conceive. One of the greatest embarrassments is grasping onto a dead space whose purpose has run out and whose timing is over. Elegantly allowing gameworld spaces die at the right moment becomes easier the more you develop your ability to

instantly, and with whatever comes to hand, build the next conscious densification for dancing out your longings.

Here are some experiments to try for further developing your dance-floor building muscles. Do these things with the purpose of rolling out a gameworld space in which your longing comes to life and you dance with others who embody similar longings:

- **SPARK125.02** Hold no-agenda meetings once a week, open to both friends and strangers. Start the meetings with an ultra-safe space, in which people are invited to check-in at their life (like checking in at a resort). Check-in weaves community. Check-in may become the central activity of the meeting. Keep this dance floor open for a year, or ten.
- **SPARK125.03** Announce to everyone you know that you are going on a quest led by direct impulses from the Gaia consciousness field of Earth. Go with whoever wants to go with you. Pack up all your belongings, move out of your house, cancel debts, end insurances, put everyone's money into one account, and bring only one book to study: *Directing the Power of Conscious Feelings*. Use each day as ongoing initiatory process for dancing more love into the world.
- **SPARK125.04** Start a Transition Town project ([www.transitionnetwork.org](http://www.transitionnetwork.org)), or an Intentional Community project ([www.ic.org](http://www.ic.org)), or an Ecovillage project ([www.ecovillage.org](http://www.ecovillage.org)) as a dance floor on which people can bring their beneficial longings to life. Roll out this dance floor the same way you rolled out dinner. Keep flowing energy into deepening the context of your gameworld space. Learn quickly that it is not *your* personal energy flowing into the gameworld, but rather the energy of your Bright Principles, the energy of your Archetypal Lineage. Then you are nurtured rather than exhausted.
- **SPARK125.05** Oh... Alright.... Hold dances where the purpose is consciously dancing your authentic longings (as opposed to your Gremlin's longings...) while appreciating and exchanging loveliness with your friends and guests.