SPARK 143

(Matrix Code: **SPARK143.00** for <u>StartOver.xyz</u> game.)

DISTINCTION: Being reasonable blocks you from being yourself.

NOTES: There are four aspects to getting what you want that are easily overlooked:

- 1. You rarely get what you want unless you are clear about what you want, and directly ask for it.
- 2. One shadow-part of yourself, with purposes not apparent to your other parts, may be doing the asking, the problem being, you might actually get what that part wants instead of what you want.
- 3. What your authentic-self actually wants may be abundantly all around you but what stops it from washing into your life like a tsunami of love is that you have made no place inside of yourself to receive it.
- 4. Your ability to conceive of and ask for what you truly want may be imprisoned in cultural reasonableness, meaning that what you are trying to get might not be what you actually want, meaning you are not being yourself.

This SPARK investigates the fourth condition. However this SPARK makes a rather radical assumption: that what a woman or a man on the path of adulthood initiations wants is to serve their archetypal lineage. This may be significantly different from what your local culture wants you to want.

Starting at birth, the local culture puts pressure on you to be "reasonable" about what you want. You were trained to dress reasonably, talk reasonably, behave reasonably, and make reasonable plans. This is why it can feel almost life-threatening to discover that your choices are at first made with no reasons attached. If you ever think you are making a choice for a reason, your purpose for thinking that is to use the reason as a shield to hide behind. When the reason has responsibility for your choice, then if your choice is challenged, it is not your fault but the fault of the reason.

You rehearse your reasons in your mind... to be sure your reasons are fully convincing to authority figures. Deep inside you believe that making a choice without an acceptable reason could bring you directly into the Looney bin.

The problem comes when you want to grow up. Your free-and-natural adult Being – and the archetypal lineage your Being is the space for – are by their nature *unreasonable*. They want what they want. Going through the *initiation of regaining unreasonableness* gives you the option of not forcing your archetypal lineage's services to fit within the reasonableness straightjacket you took on as a child.

Becoming your archetypal lineage in action lets you provide your village people with what they *need* rather than only with what they *want*. It lets you offer something completely different from what is already available within the village.

By using the term *village* I am implying first, that human beings, since before we were human beings, thrive best in tribes of between 15 to 60 fellow villagers, and second, that around you is a village-full of people – whether you call them community, customers, colleagues, constituents, clients, or congregation – needing exactly what

your archetypal lineage can provide. The Gaian field of Earth magnificently assembles coincidences so that your village is ready and waiting for you as soon as you become unreasonable and start living as your archetypal lineage in action. So *let's get unreasonable!*

EXPERIMENTS:

SPARK143.01 GET UNREASONABLE Fortunately, getting unreasonable is simple. You were already unreasonable when you were born. Now that you are taking adult responsibilities you can also take responsibility for being consciously unreasonable. Being unreasonable does NOT mean defending your Box and being belligerent. Aggression is leftover from a 2-year-old's survival strategy. It no longer works for you. Adult unreasonableness means staying connected with people while functioning beyond the grip of the local-culture definition of reasonableness.

Getting unreasonable does NOT involve analyzing the cause of each of your reasons: who the reason was designed for, which purpose it has been serving, or how to dismantle its grip on your Being. It DOES require developing an inner sense of when you are captured by reasonableness, plus developing a knack of using an inner nudge to shift sideways into a space where reasonableness does not dominate.

First, pay hyper-attention when making choices or answering questions under the influence of the reasonableness straightjacket, fulfilling expectations that you assume other people have of you. Don't change anything at first. Stay linear and predictable. Eventually, by noticing the pain of remaining reasonable, you may also notice that inside you is a bubbling source of fresh perspectives, an unfettered voice wanting to sing out nonlinear questions and take nonlinear actions.

It is ironic to think someone else put the straightjacket on you, or that society forces you to wear it. That would assume free will could be taken away from you. "Ah, you mean I actually still have free will..." Let that settle in. (Remember the final scenes in Fight Club when Tyler Durden recognizes it is he himself holding the pistol to his own head.) The moment you understand that your free never went away, you can admit to yourself that it has been only you holding yourself hostage within the reasonableness straightjacket. It was never anybody else! It was you, the whole time.

From there it is a small gesture to take the straightjacket off. How to take it off? The exact same way you put it on: by choosing – NOT in your mind as an affirmation or visualization. NOT in your imagination as positive thinking or fantasy. Choosing to step out of reasonableness occurs experientially in your energetic body. You do it by energetically shifting. Slip out of your self-applied straitjacket-experience like a snake leaves behind its old skin. Slip into a shifted self-experience in all 4 of your bodies simultaneously. Your will to be you no longer includes the will to hold the straightjacket of reasonableness around your Being. Then your Being automatically reclaims areas of itself that are beyond reasonableness.

Ah! See? You did it! You can breathe differently now! More expansively. More unpredictably. What you have now is a new choice – and a joyous choice it is! By figuring out how to take the straightjacket off you gain the option of *behaving as if you are still wearing the straight-jacket*! But you aren't. The straightjacket of

reasonableness sits beside you on a shelf, and you see it there, but you can still put on reasonable behavior as a piece of conscious theater when necessary. *Voila*!

SPARK143.02 HELP OTHERS GET UNREASONABLE One powerful way to help others get out of their straightjacket is to make unreasonable requests of them. Ask them to show up in ways they can't presently imagine. Ask people to shift culture.

Cultures are arbitrary fictions assembled with is-glue. If you know this, then getting unreasonable is a simple matter of dissolving remnants of old culture and is-gluing together a set of stories to build a culture you would love to live in. If I asked you to do this it would be unreasonable because you were not trained how to build new culture in school. No one else you know is doing this. Your parents didn't do this. So it's unreasonable for me to ask you to build the culture you would love to live in. Yet still, I ask you to do that. This is an *unreasonable request*.

Practice making unreasonable requests on yourself and others. *Blocks* come from politeness, conformity, fear of possible fears, and subjugating your requests to the limits of other people's imaginations. *Breakthroughs* come when you ask for what your archetypal lineage requires, regardless of whether or not people around you even understand what you are saying at first. After the new culture space is opened, a bridge to the new space can be constructed. However, if no new space is established, there is no point in ever building a bridge in that direction.

Unreasonable requests can be small, for example: *I know we just met, but would you join our project team?* Or: *Please give me fifty dollars.* Or: *Your children can just move in here for the school year.* Or: *I would like a do-over. Can we start this conversation all over again from the beginning?*

Unreasonable requests can be large, for example: *I ask people of all continents of the world to fire their governments, for governments have failed to assure a bright future for humanity. Present laws are based in a false paradigm. The people hereby take back the Earth from governments, companies, and churches.*

Or: I ask you to take radical steps forward along your path of adulthood initiation. This may eventually include quitting your unloved job. I ask you to find your particular way of helping other people, your archetypal lineage, and start doing it. Do it so much that you no longer have time to work for someone else. Living on a self-employed income may require shifts in where you live, what you eat, what you wear and what you consume. But it's nothing to worry about. All that happens pretty much by itself.

Or: I ask you to call together the people you would love to be with and become an ark, a new country, a nano-nation of three to seven people. Radically commit to each other. Help each other become source-people for the context of your culture. Invent creative ways to shift every-day actions so they align with your values and visions. Weave interdependence with other nano-nations by regularly exchanging helpful services. Somehow document what you are doing to inspire others.

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