

## SPARK 174

(Matrix Code: **SPARK174.00** for [StartOver.xyz](http://StartOver.xyz) game.)

**DISTINCTION:** It could be that your unsuccesses are revenge against your parents.

**NOTES:** Let's bring this closer to home, shall we? Is there any chance that your parents did not recognize you enough? Didn't see who you are? Didn't listen to you enough, respect you enough, connect with you enough, support you enough, or love you enough? In fact, perhaps they did the opposite? Were you restricted, undermined, ridiculed, criticized, ignored, defeated, punished, held back, or judged to be insufficient? Was it fair? Was it deserved?

Now let's assume that you have not yet engaged the adulthood initiatory processes that transform your childhood experiences into the fertilizer for your adulthood expeditions. Maybe you never heard of such a thing. Maybe you never got around to doing it yet.

So you face the world and the world faces you, but you carry around a load of baggage: incomplete feelings, unheard communications, unexpressed anguish, unhealed wounds... and they originate in your connection with your parents, of course. And your parents haven't fixed things for you. They haven't come to beg for forgiveness, or to apologize profusely for their wrongdoings... no, they just go on living their lives as if nothing out of the ordinary ever happened.

Maybe nothing did happen. And maybe that's the problem. Or maybe something did happen and the world conspires to hide your parents' secrecy. Then nobody will ever find out how rough it was for you, how lonely, how desperate some of those nights with no one there. And you are supposed to lead a normal life after all that? You are supposed to be happy? Just roll over and forget it all?

Could there be a part in you inside screaming to the world: *"No way! No way can my parents get away with this! No way will I let it remain a secret about what they did and didn't do. No way! I will show the world how bad my parents were! I will prove how miserably they failed to make me into a happy human being!"*

So your relationships don't seem to work out. Your health is weak. You have some debts and you are not making enough money. Your house is a mess, or maybe you rent so you don't have assets that gain in value. You work at a job that does not nurture you. Your kids, if you had kids, are problematical, not much to be proud of. You wear old clothes. Your car keeps breaking down. You had some accidents, and maybe you are getting sued. You are over-weight. No vacations because you did not get the promotion. You live in a bad part of town so your friends don't come by. In fact, what friends? And if you bother to go to your parents' house for Thanksgiving or Christmas, you arrive late, make it short, bring measly presents, drink too much, complain, and kill any joy that might possibly arise by starting a fight with your siblings while making it their fault.

There. You have done it. By being such a failure you prove to the world that your parents did a bad job raising you. The disastrous outcomes in your life are undeniable, a large red flag for everyone to see.

The biggest thing your parents want for you is that you be happy. By not giving them the satisfaction of seeing your happiness and success you gain your revenge. In the end, you have won, and they have lost.

### **EXPERIMENTS:**

**SPARK174.01** If it flashed you even for an instant that any tiny part of the above scenario applies to you, then your parents still own you. Their very existence – whether they live or not – strangles your life energy. You are a slave, trapped in your parents' values, choices, rules, customs, and beliefs. You are not you. You have yet to crack out of the eggshell and are seriously avoiding your unhatched potentials.

If you are a man, your mother still has your balls. You cannot show another woman what your balls could actually do because they are still owned by your mother.

If you are a woman, your father still owns your center. You cannot bless another man by sharing your center with him because it is still occupied by your father.

It is not that your mom or dad want your balls or your center. It is simply that you have not taken the risk of getting them back. You are stuck in a shortsighted adolescent victim strategy trying to get revenge for something that you remember happened in the past. By feeding this devil's circle you have avoided growing up. Your unconscious underworld thrives and your Gremlin has been supersized.

By now you might be asking, *“But what can I do about it?”*

*I ask you back, “Why would you want to do anything about it? Your parents look like shit. You have won! You have worked hard and sacrificed everything to have it come out this way. How you have it is exactly the way you want it. Don't kid yourself about wanting it different. You have proven to the world that you are definitely not okay. And your Gremlin has a grin on his face from ear to ear.”*

*“Hmmm... Is it really that bad?”* you ask.

*“You wouldn't ask if it wasn't that bad.”*

*“But what can I do to change it?”* Ahhh...Back to that question...

*“Well, see here... You are reading a SPARK, a Specific Practical Application of Radical Knowledge. SPARKs present experiments that implement core distinctions from Possibility Management. You want to grow up? You want your adult life? You want to jack-in to your archetypal lineage and fulfill the life mission encoded in the Pearl at the center of your Being? Really? Then get your butt into Expand The Box training and at least 10 Possibility Labs with different trainers. Do the homework. Study the books and videos. Participate in the recommended external experiences. Get into, or, better yet, start your own weekly Possibility Team. Begin again at*

SPARK 001 *and this time actually DO the experiments instead of thinking about doing them. Make a fool of yourself over and over again, and learn the difference between your Being and your Box. Put a wedge into that gap. Learn to enjoy functioning in the reality of groundlessness. Stellate your feelings. Get your archetypes turned on. Put growing up at the center of your life instead of at the periphery. Choose a path – it need not be Possibility Management – but choose ONE path and radically commit to it. Which path? Radically rely on your intuition to choose. Your Being already knows which path it longs for. And you definitely do not have as much time as you think. You want the quickest most effective way to grow up? You are asking me, so my opinion is that you have already found it. This is it, the best on the planet. So get on with it. Focus your energies. Then jump. Nobody can do it for you. Nobody can stop you from doing it. You can make it.”*

*“How will I know I have made it?”*

*“Your day-to-day life experiences will be unexpectedly marvelous, and you will feel glad about it. The universe will be on your side. You will have changed the shape of your Being by becoming conscious of what you were unconsciously committed to before and you will be making new more conscious choices. The universe will conform to your new shape. People around you will give you unasked-for feedback that they trust you more. You will get new and astonishing life-jobs on your workbench. Perhaps the universe will even grab you by the scruff of your neck and pull you out of one circumstance and drop you into another one, completely beyond your imagination, because the universe has a job that it can count on you to do. Your parents? Yes, there they are. Nothing has changed about them, but everything is different. Your success and happiness makes their life shine. The past? What about the past? If the tiniest little thing had been different about your past you would not be where you are right now. And where you are right now is pretty damn cool. The world needs the services and projects you came here to deliver. Just keep moving. And being. And feeling. And talking it over with others.”*

That was a bit of a rough ride, eh? But obvious...