

SPARK 179

(Matrix Code: **SPARK179.00** for StartOver.xyz game.)

DISTINCTION: You are already ready enough for more than you think.

NOTES: You will never be ready... for a presentation, a test, a date, a conflict, a performance, a phone call, a meltdown, a declaration of love, a transformation, a surgery (either giving or receiving a surgery) you will never be ready.

The idea of 'being ready' is a neurotic fantasy-world similar to the concept of 'being perfect'. It is used by your Box and Gremlin to try to delay your Being's evolution. If you are not 'ready' then you have reason to be too afraid to take the next bold step into life. And... you will never be ready.

Theoretically, if you were 'ready' then you would be so prepared, so masterful, so perfect, there is no chance of making a mistake. If you were ready then no one could criticize or judge you negatively. They could find no error. If you were ready you would have no doubts about receiving anything but first prize.

The problem is, life cannot happen if you are ready for it. You cannot be ready for life... or ready for death, for that matter. Life happens. Death happens. You can never be ready for them because if you are truly ready for something you would be on the other side of it. It would already be over. The experience itself would be a nonexperience. It would have no aliveness in it.

As Hellen Keller said, "*Life is either a daring adventure or nothing.*" As Isaac Asimov wrote, "*Success by planning alone is insufficient. One must improvise as well.*" Life is improvisation, extemporaneous invention – ongoingly risky. Life is evolution happening. For any part of life you can never be ready.

But you can be ready *enough*. And that... is the point:

You are already ready enough for more than you think!

EXPERIMENTS:

There are signals that indicate when you are ready enough for more than you think:

- If you question authority you are already ready enough to build a new gameworld that makes the current gameworld irrelevant.
- If you have a vision of a brighter future you are already ready enough to communicate that vision verbally, in words, on video, in stage pieces, in poetry, in music, in meetings, in your family... ready to use that vision as guidelines for designing and implementing actions that bring the vision to life.
- If you experience love, then you are already ready enough to stop allowing your Gremlin to destroy love with its resentments, expectations, conclusions, revenge, beliefs, being right, insults, gossip, intrigue, or complaining.
- If you notice that you have a Box, then you are already ready enough shrink your Box to a 10 centimeter cube in the palm of your left hand and create and enjoy a Being to Being connection with the person across from you, directly through their Box.

- If you can grasp the exciting impact of a wild offer, then you are already ready enough to accept that wild offer and to negotiate the details for co-creating a wild reality.
- If you notice in one moment that your interactions are mediocre, then you are already ready enough to shrink your NOW to a smaller present, be radically honest, open, unhookable, nonlinear, and vulnerable so as to make the interactions in your next moment extraordinary and precious.
- If you feel angry about a thing and you know that your anger is not an emotion coming from the past, or from others, or from a political or religious or corporate belief system, or from your Gremlin, then you are already ready enough to permanently change the circumstances that make you angry.
- If you recognize that your Archetypal Lineage has put a job on your bench, then even if it will change your life forever to do it, you are already ready enough to accept the challenge and go for it!

SPARK179.01 This experiment gives you two options. Option 1 is to ask two friends at lunch today to tell you 3 to 5 precise things that you are already ready for that you are avoiding doing. Write the things here:

- 1.
- 2.
- 3.

SPARK179.02 Part 2 is to admit to yourself that you are already ready enough for more than you think. Here's how: Get your center. Make your grounding cord to the middle of the Earth. Make your bubble of personal space. Then remember the experience of impulses you have recently received to do something but have been too afraid to do because you thought you were not ready enough. Do you have a clear picture of what that might be? Good. Write it down here in one sentence:

Now please take a deep breath. Choose one of the four options above. Then, no matter where you are, no matter who is around you, no matter what is happening, stand up right now and say out loud to everyone, "*I am now ready enough to [_____]!*" (Fill in the blank with the action you chose.)

Now use the momentum of realizing you are already ready enough to do the first action towards accomplishing the thing, even if you do not see any further actions beyond the first action. By taking the first action you shift into a new set of circumstances from which you have a new perspective that will let you see obvious next things to do that you could not see before. Keep doing next things even if your Box sends you its fear of not being ready enough.