

## **SPARK257**

(Matrix Code: **SPAR257.00** for the [StartOver.xyz](http://StartOver.xyz) thoughtware upgrade game.)

**DISTINCTION:** Justification conceals abuse under a belief that you have no other Possibility.

**NOTES:** Human Beings are capable of creating by speaking. We make 'Speech Actions' which cause things to occur merely by saying words. For example, saying "*I apologize*," is not just describing an apology, but is part of the actual act of apologizing, feeling sorry, begging for forgiveness. Saying, "*You're fired*," simultaneously conveys information and enacts the termination of employment. 'Speech Act Theory' was first revealed in modern culture in 1955 by Oxford philosopher John Langshaw Austin in his lecture, [How To Do Things With Words](#), and further developed by American philosopher J. R. Searle. However, in the ancient Aramaic language, the phrase, '[avra kedabra](#)' means, "*I create as I speak*." Remarkably similar is the Hebrew phrase 'abreg ad hābreg', which means "*I will create as I speak*." [Awareness](#) of your power to [create through speech brings new responsibilities](#).

Speech Acts are how you: greet, [choose](#), [declare](#) ([make legends](#)), [ask](#), [name](#), [promise](#), apologize, thank, [distinguish](#), compliment, congratulate, invite, [propose](#), [create](#), accept / agree, [decline / reject](#), [explain](#), [commit](#), delimit ([make a boundary](#)), [originate](#), [finalize / terminate](#), defend, attack, distract, confuse, [accuse](#), [complain](#), [blame](#), and [justify](#).

Most people are unaware of their power to make Speech Actions, therefore, much of what they say serves [unconscious purposes](#). For example, when an American soldier is asked to say why he goes to Afghanistan and shoots people, or goes to Guantánamo Bay and tortures people, he uses the Speech Act of Justification by saying, "*They are the enemy. There is no other Possibility*." Justification veils consciencelessness.

When a Policeman goes downtown and pepper-sprays fellow citizens in the face, beats them with his baton, and drags them to the paddy wagon, he justifies his actions by saying, "*They are bad people. There is no other Possibility*." Justification masks abuse.

If I ask, "*Why do you use plastic bags from the grocery store*," your Justification is, "*That is all they offer me. Actually I re-use the plastic bags for garbage bags*" If I ask, "*Why do you live in the city instead of in an Archiarchy Invention Center (AIC)?*" your Justification is, "*I don't know how to make an [Archiarchy Invention Center](#). Actually I'm okay in the city. I just need to go to the beach more*." If I ask, "*Why do you give tax money to a corrupt government promoting endless wars for corporate profits?*" your Justification is, "*I am patriotic. Actually, I didn't vote Republican*." If I ask, "*Why do you send your children to school?*" your Justification is, "*There is nothing else I can do! I am a single mom! Actually, I just need to spend more quality time with them*."

Justification conceals the pain of [abuse that you do to yourself](#), to others, or [to the world](#) with a conviction that you have no other Possibility. "*I hit my children because. I eat fast food because. I lie because. I scream at my partner because. I commute three hours a day because. I drink because. I arrive late because. I can't do what I want because...*"

Believing in a lack of Possibility is like joining a religion that requires human sacrifice.

## EXPERIMENTS:

**SPARK257.01 PRACTICE MAKING CONSCIOUS SPEECH ACTIONS** In your Possibility Team, two people volunteer and stand in the center. The others offer [Feedback and Coaching](#). Both volunteers start in [First Position](#), being [Centered](#), [Grounded](#), [Bubbled](#), [Sword Out](#), [Minimized NOW](#), [navigating](#) a golden cube of [Work Space](#). They then have a 15 minute conversation with each other while only making Conscious Speech Actions: *greet, choose, declare, ask, name, promise, apologize, thank, compliment, invite, propose, accept / agree, decline / reject, explain, commit, delimit (make a boundary), originate / create, finalize / conclude, defend, and congratulate*. Avoid using Gremlin-empowered abusive Speech Actions, such as *accuse, attack, distract, confuse, blame, complain, or justify*. Use Conscious Speech Actions to create intimacy with no [Low Drama](#) and no [Stories](#) attached. This is [High Drama Creation](#) at work. How is it for you? How long can you do this with elegance?

**SPARK257.02 SCAN FOR ABUSE BEHIND MODERN CULTURE'S JUSTIFIED INFRASTRUCTURE** Do not try this Experiment alone. Invite someone from your [3Cell](#) or [Possibility Team](#) to join you for a 2-hour stroll through town. You each have your [Beep! Book](#), and you each list ABUSES AND JUSTIFICATIONS that you detect in the city. For example: ABUSE: paved streets in the town center, hot, loud cars, no nature. JUSTIFICATION: Shop owners want convenience for customers to make more profit. ABUSE: Tall square buildings, ugly, block the sky. JUSTIFICATION: Square buildings are cheaper to build, plus, the higher the population density, the more profit. Etc. Afterwards, sit together and design a town that is not abusive. Present your design at your next town hall meeting with your Mayor.

**SPARK257.03 INVESTIGATE SITUATIONS WHERE YOU BELIEVE YOU HAVE NO OTHER POSSIBILITY** Sit in groups of 3 in your Possibility Team with your *Beep! Books* in hand. Each person make a list: WHERE I HAVE NO [POSSIBILITY](#) IN MY LIFE. Start writing and do not stop for 20 minutes. Have tissues available for when you start feeling. After that, for the next 15 minutes, write MY USUAL [JUSTIFICATIONS](#). Under your Justifications, you will discover so many sources of stress, noise, toxins, discomfort, inauthenticity, deprivation, scolding, punishment, withholding... all forcing you to persist with your Justifications even if you do not want to. Your despicable heart-wrenching self abuses are desperate survival maneuvers that you force upon yourself because you think you have no other [Possibility](#). After writing both lists, spend 20 minutes per person. Read what they wrote. Create an abundance of [Nonlinear Possibility](#) for alternative actions full of self respect. Make sure they write down what you say! Then pick the top 5 new actions and write down why they are afraid to do them. Create 3 Experiments for each fear to help them transform fear into [Adventure](#).

**SPARK257.04 CREATE NEW NON-ABUSIVE PERSONAL LIFE ACTIONS BY GOING THROUGH YOUR DAY MAKING NO JUSTIFICATIONS** Hang out with a friend for a day. Be radically honest about the abuse you have caused to yourself. This does not mean to beat yourself up. It means to be clear now about what you were not clear about before. Also be [radically honest](#) about the abuse you have caused to other cultures, to future generations, to other species of life, and to the Earth herself. Write each example of abuse you discover into your *Beep! Book*, then stop Justifying it. Replace Justification with [Radical Relating](#) about your fears of [not knowing](#) how to do anything different. Enjoy your Radical Relating and [Radical Creating](#). The biggest challenge you may find in this [Experiment](#) is to experience yourself being alive without being abused. How long can you endure this? What [throws you back](#) into not creating new Possibilities anymore and starting to Justify abuse again?