

SPARK260

(Matrix Code: **SPARK260.00** for the global StartOver.xyz thoughtware upgrade game.)

DISTINCTION: Being Adaptive disconnects you from your Archetypal Lineage.

NOTES: [Being Adaptive](#) is one of the [18 Standard Box](#) Survival Strategies. To 'Be Adaptive' means to [Numb yourself](#) – or feel unconsciously afraid enough – that you repurpose your behavior away from LIVING and towards trying to SURVIVE. But it is not you who survives. It is your [Survival Strategy](#) that survives. Your [Box](#). From the first nanomoment you lean towards Being Adaptive, you abandon and betray your [Archetypal Lineage](#), lose your [Bright Principles](#), and forget other [Archetypal Resources](#).

There is a [Contextual](#) line between Aliveness and Adaptiveness. You can serve either one [Purpose](#) or the other, never both, unless you are a professional actor performing in the role of an Adaptive character. Which, by the way, carries the danger explained by the author of *Cat's Cradle*, Kurt Vonnegut Jr.: "*You become who you pretend to be.*" His next sentence is even more enlightening. "*So why not pretend to be brave and kind and healthy and happy?*" meaning: not Adaptive. When you are Adaptive, you are not yourself. Instead you are either a ghost imploding, or a clown exploding. When being Adaptive, where you put your [Attention](#) is not authentic. What you think and feel is counterfeit. [What you want](#) is artificially stimulated. What you do originates from a [delusional](#) starting point. When you are Adaptive, no one can fall in love with you, because *you* are not there. Yes, your body survives, but the Universe and the [Earth Coincidence Control Office](#) (E.C.C.O.) are forced to interact with you in counterproductive ways. In a short while you are far away from your evolutionary [Path](#).

[Authentic Adulthood Initiatory Processes](#) starting at your eighteenth birthday were supposed to crack your [Box](#) wide open, shaking it to dust so you could [start over](#) in the world as one who [Lives](#), rather than one who merely Survives. But Authentic Initiations were outlawed centuries ago by [psychopaths](#) for fear they would be discovered. The same men convinced you to treat profit-hungry [corporate gameworlds](#) as 'responsible persons', the same men who purchased the votes of Supreme Court judges to control the lawmaking machinery. Without transformational spaces you kept using your [childhood](#) Strategies, so that, what used to protect you from annihilation has now become your [prison](#). The longer you wait, the more resiliently crystallized your Box becomes, making it harder and harder to escape. Habits become 'have to's'. Pathways become freeways. A trickle becomes the Grand Canyon. No one is coming to rescue you, because [rescue is unlawful](#). You made each step yourself. Only you can wise up.

Moves you may have long thought were in your best interest have betrayed you. There comes a point in your life when Being Adaptive has gone on long enough. Is that now?

EXPERIMENTS:

SPARK260.01 DETECT IF YOU ARE BEING YOU, OR BEING ADAPTIVE Start [Noticing](#) the subtle [Hollow Man](#) sensations that happen in the moment just before you start Being Adaptive. Along with those false-self sensations come [Justifications](#) and [Reasons](#) about why you should hide yourself away. Justifications try to make your behavior RIGHT. Reasons try to make your behavior LOGICAL. Capture each Justification and Reason you use to suppress your impulses, your true wishes, your insights, your deep feelings, etc. in the back of your [Beep! Book](#). You may have used

these Justifications and Reasons so often that you [Believe](#) they are true. No matter. List them anyway. Clock 13 minutes of radically neutral [Self Observation](#) three times each day for 30 days in a row. [Notice](#) how you [abuse yourself](#) by being Adaptive. Do not [judge](#) yourself. Document what you detect: Who were you with? Why were you Being Adaptive with them? Remember, being Adaptive is being your Gremlin in action. Gremlin promotes Survival, not Living. Be fierce about capturing this data.

SPARK260.02 ADAPT TO NOTHING AND SEE WHO BECOMES YOUR NEW FRIENDS This [Experiment](#) is to step outside of the web of friends you wove using people who do not object to you being Adaptive. They accept your Self Abuse because it benefits them in some way. Perhaps it lets them keep their [Gremlin](#) unconscious. Perhaps it lets them serve their own [Shadow Principles](#). Your Adaptive behavior does not challenge them to evolve or [wake up](#) about [what they are creating](#) for themselves, their children, their friends, or the future of the Earth. By stepping outside of that web of friends you discover new freedoms of movement for your Being. To get there, walk on different streets. Go to new gatherings. Eat at different cafés and restaurants. Go into shops that freak your Box out (too cheap, too expensive...) and talk with the service personnel and the other clientele. Once or twice a week attend weird talks and workshops. At each one, keep asking real [Questions](#) without being small or Adaptive. Be visible in these spaces. Go there to meet people. Be the one who says, "Hello!" first. Ask, "What are you creating? What cool stuff are you working on?" Tell them about your wishes. Tell them what you feel. Ask what they are feeling. Do not lie about anything. Start a weekly [Possibility Team](#) with the new people you meet during this Experiment. [Write and publish an article](#) about what you are discovering.

SPARK260.03 WITHHOLD NOTHING AND SEE WHERE YOUR FEELINGS, WORDS, AND ACTIONS TAKE YOU You will be afraid to try this Experiment, otherwise you would have been doing it already. Use your [Feelings Detector](#) to follow your fears and find out what you are afraid to reveal about yourself. Immediately ask each fear that arises – even right now as you read this, "Hello fear! What do you have for me about why I choose to withhold my [Presence](#)?" Immediately write down in your *Beep! Book* exactly what your fear says. Not what you understand about what your fear says, but exactly the words your fear tells you. Then ask again. Say, "Thank you fear. What else do you have for me about why I choose to be a clown, or a ghost, instead of following my intuitive impulses and being myself?" When you walk, make the weird sounds and movements that you have been withholding. When you go to the café or restaurant, order what your Being actually wants (not what your Gremlin wants, e.g. no alcohol). Go into a big sports store and pick up the different equipment your Being is attracted to, the swords, the baseball bats, the boomerangs, the swim fins, the horse riding boots, the bow and arrows. Move them around. Try them on. Let your Being take you on the adventure of doing a 4 to 6 weeks training practice in what feeds your Being. Share about what you are learning in your weekly Possibility Team.

SPARK260.04 TAKE A STAND THAT MAKES YOUR BEING COME ALIVE [Taking A Stand](#) involves Withholding nothing and Adapting to nothing as a way of life. You Take A Stand for something to come into existence that is bigger than yourself. It is not about you. Do not Take A Stand *against something*, like Deforestation, or Child Trafficking, or Genocide or Psychopaths In Government. Instead, Take A Stand *for something*, such as Reforestation, Child Empowerment, or Authentic Adulthood Initiations. Give your Stand a [Name](#). Build it a [Website](#). Create a [3Cell](#) with two other people who have the same Stand. Write up a [Codex and Rules of Engagement](#) for how to participate in your [Gameworld](#). Have weekly [Torus Meetings](#). Start sending out a monthly [Newsletter](#) about your inspirations and discoveries. Welcome to [Archiarchy](#).