

## **SPARK ABH**

(Matrix Code: **SPARKABH.00** for [StartOver.xyz](http://StartOver.xyz) game.)

**DISTINCTION:** In very moment of our lives there is the possibility to contact worlds not bound by the laws of physics or mind. It is not magic, it is the structure of what is.

**NOTES:** Accessing the Extraordinary is about yes. Not yes in relationship to no. Just yes.

To handle our reaction is to make clear distinctions. It is not personal – it is my box. Who is being insulted? It is not you. You are just a symbol.

People are only as reliable as their own psychology.

Why don't you do what you love to do? Because you are so invested in suffering. How do you fight that investment? You start to nurture yourself.

In order to be effective in a situation you have to choose the situation.

If you know who you are, the circumstances do not change that. If you cower before (act weak, bow down to) circumstances and assume that you are formed by circumstances, then you suffer the circumstances you suffer.

Let the irritation uncover what it can uncover.

### **EXPERIMENTS:**

**SPARKABH.01**

**SPARKABH.02**

**SPARKABH.03**

**SPARKABH.04**